



Gear List for the Colorado Trail

Items in pack:

Clothing

- Bandana
- Crocs (camp shoes)
- Gloves (wool or pile)
- Gym shorts (lightweight nylon)
- Long pants (bottoms zipped off of shorts)
- Long underwear bottom
- Long underwear top
- Pile jacket
- Rain pants
- Rain parka
- Sox (double layer, 2 pairs)

Cooking

- Alcohol (in 16-ounce recycled soda bottle with 2-ounce graduations marked)
- Alcohol stove (including stand, windscreen, and aluminum circle)
- Dish detergent
- Matches or lighter
- Pocket knife
- Pot gripper
- Pot with lid
- Scrubbie
- Spoon, plastic knife
- Water treatment pills (both type 1 and 2 pills backup to water filter)

Food (typically 4-5 days worth in a thick, clear plastic bag)

Miscellaneous

- Book
- Camera + camera battery + extra memory card
- Compass
- Fabric for mending holes in tent, rain coat or Thermarest
- First aid kit (ibuprophen, Spenco second skin blister kit, gauze, band aids, pads, duct tape)
- Insect repellent

Gorilla glue (small bottle)
Guidebook pages with maps
Notebook
Pencil (plus extra leads and eraser)
Petzel light + extra AAA battery
Ziploc bag (small) with cash, credit card, health insurance card, driver's license
Sun glasses
Sunscreen
Toilet paper
Towel (small)
Water filter (500 ml bottle)
Water bottle (2 one-liter plastic soda bottles)

Sleeping

Tent (4 stakes, lines attached)
Sleeping bag, stuff sack, plastic bag to line stuff sack
Sleeping pad (in plastic bag)

Toilet kit

Bar soap (small)
Floss
Tooth brush
Tooth paste
Tooth picks and holder
Multi-vitamins (one per day)

Items worn while hiking

Bandana
Baseball hat
Lip balm
Gaiters (ankle height)
Hiking poles
Lightweight, long-sleeve shirt
Shorts (tops of zip-off long pants)
Trail running shoes
Sox (one pair, nylon, drip-dry)
Undies (drip-dry)